



Step-up

Course overview

The Step-up course has been designed for young people in years 10 and 11 at risk of being, or already, excluded from mainstream school. It recognises that education in schools by its nature excludes some people from engagement with learning and aims to introduce these young people to successful learning, perhaps for the first time. The course consists of two parts:

- 'Engage' for year 10 students
- 'Vocational' for those in year 11.

Principles

The course has been inspired by experience in schools, colleges and Pupil Referral Units and has been developed over a number of years. It adheres to the following principles:

- **All young people can achieve** – in all modules students are given constant opportunities to succeed and are encouraged to reflect on their achievements and progress
- **Young people have a contribution to make in the community** – students are seen as capable of benefiting those around them and therefore most modules involve some form of community interaction
- **Team working is valuable** – students experience the importance of working together and the value of diversity
- **Learning is creative** – learning is fun, engaging and allows young people to express themselves in ways that they consider relevant
- **Students have choice and responsibility** – students are encouraged to take responsibility for their learning and futures and to make positive choices to fulfil their aspirations
- **Young people own the courses** – wherever possible the students have input to shaping the modules according to their interests
- **There is hope for the future** – we seek to give each and every student hope for their future and to realise that whatever their experiences to date change is possible.

Outcomes

The young people engaging with Step-Up should experience the following outcomes:

- Improved confidence and self-esteem with a consequent contribution to mental and emotional health
- Improved ability and willingness to take responsibility for their futures and make informed post-16 choices that will help them progress to further education, training or employment
- Development of a range of skills that will help their transition into adult life
- An enhanced and realistic view of themselves and their capabilities



- Achievement of nationally recognised qualifications
- Improved ability to engage positively with the community and to stay safe from crime and anti-social behaviour
- A more developed understanding of their spiritual beliefs, values, ethics and the morals by which they live.

Engage (Year 10)

This element of the course aims to re-engage young people with learning by providing a diverse, relevant and enjoyable curriculum delivered in a dynamic and creative way. A key to its success is that a number of short courses are embedded in modules, which enable young people quickly and consistently to achieve recognised qualifications. The modules are listed below:

- Personal, Interpersonal and Team Skills (including St Johns Young First Aider Award)
- Youth Culture & Identity
- Basic introduction to food hygiene
- Citizenship and Diversity
- Arts Award Level 1
- Enterprise
- Developing Leadership (including FA Junior Football Organiser Award and RLSS Rookie Lifeguard Certificate)

Vocational Courses (Year 11)

In year 11 students are given the opportunity to specialise in particular vocational areas and undertake year long accredited courses. These include:

- Level 1 Award in Sports Leadership
- Edexcel Home Cooking Skills Level 1
- NCFE Level 1 Award in Music Technology
- NCFE Level 1 Diploma in Entry to the Uniformed Services

Should you require any more information on the Step-up course please do not hesitate to contact Mike Farrington 07789617522.